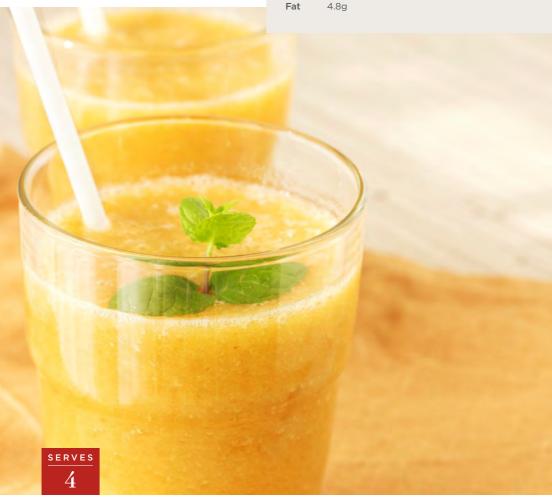
## Sunshine Smoothie

## **NUTRITION (PER SERVING)**

Energy81kcalsSaturated Fat4gSalt0.2gSugars7.2g



## **INGREDIENTS**

90ml unsweetened coconut milk10g skimmed milk powder

Half a fresh mango

Half a fresh peach

Small peeled carrot

Handful of dried apricots (to taste)

## **INSTRUCTIONS**

- 1. Chop or peel/core ingredients as necessary.
- **2.** Blend all ingredients for 2 minutes in a blender.
- 3. Serve immediately.