

Care home vs home care

Which is best for you?

Moving into a care setting can be a challenging time for families. Our comparison fact sheet shares information on the benefits of moving into a care home or choosing home care.

	Care home	Home care
Care and wellbeing 	Around the clock care as dedicated trained staff are available 24/7	Care billed by hours
	Team of dedicated carers that get to know individual needs and preferences	1:1 care provided but might not be with the same carer from shift to shift
	Dedicated nursing and dementia care available	Nursing and dementia care often needs to be sought in addition to traditional home care services
	Many Sunrise homes are commended for the quality of their end-of-life care through the Gold Standards Framework, after the completion of a rigorous programme of training and assessment	End-of-life care may be provided at home or require a move to a care setting such as a hospital or hospice at an additional cost
	Sunrise are responsible for organising GP and hospital visits and available to attend if required	Family are responsible for organising GP and hospital visits
Environment 	Sunrise homes are located in central locations with local amenities and transport links	Staying at home provides a familiar environment and surroundings
	Stimulating and engaging environment designed with older adults in mind. Residents are cared for in a safe and secure environment	Often necessary to add support aids to existing home to ensure safety
	Social environment to encourage companionship. Family and friends always welcome to visit	Limited companionship from a regular daily visitor or live-in carer. Visits typically last between 15-30 minutes and are often task orientated
Food and nutrition 	Residents benefit from a choice of three delicious, well-balanced meals, prepared from scratch. All in our sociable dining rooms designed for great food, good conversation and a hub for special occasions	Older adults must cook their own meals or arrange for a meal delivery service
Activities and leisure 	Our homes have an extensive calendar of events tailored to our residents' interests – along with seasonal surprises, informal gatherings and accompanied trips in the Sunrise minibus. Bringing together residents, team members and special visitors for lasting memories	Isolation is common due to lack of engagement from time spent alone

Contact your local Sunrise home for further information

sunrise-care.co.uk/search

Residential, nursing and dementia care homes



Welcoming new residents into our home

We want to reassure you that the health and welfare of our residents continues to be of the utmost importance to us at Sunrise. That's why we've put in place a range of rigorous measures to help reduce the risk of COVID-19 infection within our homes.

We've invested in our homes to provide safe visiting facilities for the future. This includes wall-to-floor clear screens in dedicated visiting rooms to allow families and friends to stay connected with their loved ones.

Here is what you can expect when you join us.

- Comprehensive Infection Control procedures for all our visitors and staff
- PPE available for all staff and visitors upon arrival
- Supportive and safe means of family visits
- Enhanced Visiting for residents who display clinical indicators of vulnerability or frailty that show they need close family support.
- The choice of a Nominated Person to visit as safely and freely as our staff
- A safe move-in process using a two test approach to minimise risk of infection
- Regular testing of residents and staff with reliable tracking of results
- Monitoring of local infection rates to enable us to understand changes and plan accordingly

For further information, visit sunrise-care.co.uk/search or call 0800 0318 474

